OUR PHILOSOPHY

Longevity is not about adding years. It is about adding *life* to them.

Lifespan is how long you live. Healthspan is how long you live *well* — with energy, clarity, strength and independence. Our program is designed around the second.

01 **Measure**
Know your numbers.

02 **Optimize**
Act on what matters.

03 **Sustain**
Track it over time.

LED BY

Dr. Arlenis Barroso Perez, MD
Board Certified in Family Medicine (ABFM)

and the PassQual Health primary care team

BEGIN HERE

Your healthspan starts with one conversation.

Book a Longevity Consultation with our physician team. Ask about PassQual Membership and self-pay options.

Scan to learn more & book

(786) 677-9922

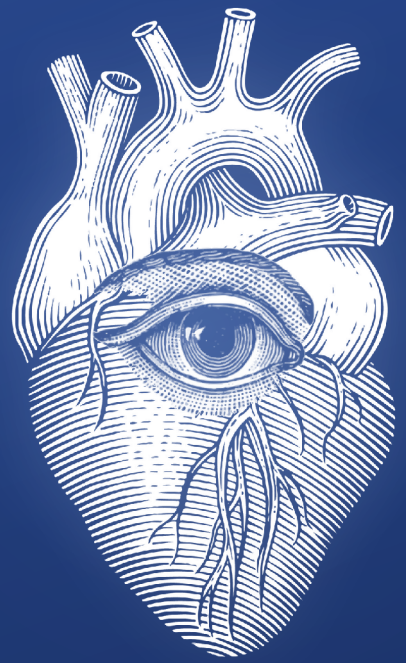
18706 NW 67th Ave
Miami Gardens, FL 33015
Mon–Sat · 7:30 AM–6:00 PM
passqual.com · Se habla español

PASSQUAL HEALTH

Peptide and other therapies are prescribed only after a medical evaluation, and only when clinically appropriate. Compounded medications, including compounded peptides, are not FDA-approved and have not been evaluated by the FDA for safety, effectiveness or quality. For general information only; not medical advice. Individual results vary.

Heart-eye illustration by Rigo Leon.

PASSQUAL HEALTH



LONGEVITY · PRECISION MEDICINE

Live longer. *Live better.*

Physician-led peptide therapy, precision diagnostics, and a plan built around your biology.

MIAMI GARDENS · FLORIDA

THE PASSQUAL LONGEVITY METHOD

Four steps. One plan. Built for you.

01 Assess

A complete history, physical exam and family-risk review with your physician.

02 Measure

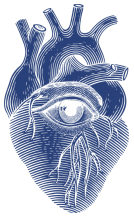
Baseline bloodwork in our in-house Medical Laboratory, plus in-house diagnostic ultrasound when indicated.

03 Personalize

A written plan for nutrition, movement and sleep — and, when appropriate, prescription therapies.

04 Monitor

Follow-up labs reveal your trends, so the plan evolves as you do.



THE SCIENCE OF SIGNALING

Peptide Therapy

Peptides are short chains of amino acids — messengers your body already uses to direct repair, metabolism and recovery. When clinically appropriate, your physician may discuss peptide therapy as one part of your plan.

AREAS YOUR PHYSICIAN MAY DISCUSS

- Metabolic Health & Weight
- Recovery & Repair
- Cellular Energy
- Sleep & Restoration
- Skin, Hair & Radiance
- Focus & Mood
- Vitality & Hormone Health

Includes FDA-approved GLP-1 medications, when clinically appropriate.

Every protocol is individualized and prescribed by a licensed provider after a medical evaluation.

YOUR BIOLOGY, MEASURED

Precision Medicine

No two bodies age the same way. We begin with data, not guesses.

WHAT WE LOOK AT

- Metabolic & glucose control
- Lipids & cardiovascular risk
- Hormone balance
- Inflammation
- Nutrients & vitamins
- Kidney & liver function
- Bone health

COMPLEMENTARY CARE, UNDER ONE ROOF

- IV Vitamin Therapy
- Medical Weight Loss
- Diagnostic Ultrasound
- In-house Pharmacy

Live longer. *Live better.*